



You care, We care

## The Kepplegate Mission:

"Our team are at the heart of the community, making growing older worry free by living our values."

# The Kepplegate Vision

Kepplegate care services will remove worry and fear and replace it with reassurance and comfort. For the Over-Wyre community, we will grow our services to allow us to provide outstanding care to all those who need it. We will create opportunities for local people to join our genuinely caring, community driven team. We are the only care company you need to speak to about you or your loved one's





*Approachable* At Kepplegate our doors are always open, and our friendly and respectful team are here, ready to listen to you and each other.

**Passionate** We encourage a positive environment, taking pride in our work. It's the small things that matter and what is important to someone we care for, is as equally important to us.

Adaptive and Progressive We promote an innovative and learning environment; sharing our knowledge and skills and using our initiative to always add value to the care we give in the community.

Community Driven We are committed to building relationships with our colleagues, residents, clients, and community. Everyone matters to us at Kepplegate, we are family.

**Trustworthy** We believe that openness and sincerity is an integral part of relationships, operating a culture of candour and confidence. We communicate honestly.







### Residential Care

#### **Keeping in Touch**

It is important to us that everyone who stays with us is able to maintain their social connections. Our home is equipped with wi-fi throughout allowing us to change the future of communication.

We have an advanced telephone system in place which makes it possible for multiple people to be on the phone at any one time and our portable handsets ensure everyone has the ability to maintain their right to private phone calls.

Sometimes a familiar voice just isn't enough but distance makes it hard to visit. With our iPad and Skype, face to face communication is now achievable no matter where you are in the world. Technology is new and still quite daunting to some however we really believe in adapting to improve the lives of everyone.

Thanks to our super-fast broadband, skype and emails is made possible on your own devices! Just ask us for the wi-fi password when you move in or visit, it's completely free to use! As we get older, living at home is not always a possibility and facing the task of moving into a residential care setting can be an emotionally daunting task. Whether for yourself or a loved one, choosing the right care home can be difficult, that's why we believe in communicating honestly.

Our care is personally tailored to each person who stays with us to ensure that their rights, choice, independence and dignity are wholeheartedly respected. We work with our residents and their families to create personal advanced care plans that reflect their personalities and beliefs, to allow for a more holistic approach to their care and to ensure they are always cared for how they wish.

Guests are always welcome at our home as we truly believe that our team, residents and their relatives make up the Kepplegate family. Because we understand that loved ones are sometimes the main carer for an individual before they move into residential care, we encourage all carers to visit as often as they wish as well as inviting them to continue providing care for their relative should that be both their wishes. Finally, to ease the initial transitioning period we welcome carers to stay with their loved one for their first few nights living in their new home.

Every day is made memorable at Kepplegate and everybody is valued equally. We blur the lines between care home and community by promoting strong social connections, supporting local businesses and creating jobs for local people. We are very much at the heart of community looking after the people of Over-Wyre. This is why it is easy for our home to truly become a real home for each of our residents.

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Passion to provide local people with reassurance and support is why we started our domiciliary care, or care at home, service. We understand that considering care to meet yours or a loved one's needs can be overwhelming and unnerving but we are here to help. We don't just provide care, we provide people with independence, reassurance and the ability to live well. Through our services, people can keep the freedom of their lives, remaining at home with a sense of security for both their relatives and themselves.

Our care is tailored to each individual, ensuring that their own specific needs are met. Supporting people with all aspects of personal care, medication support, nutritional encouragement as well as anything else that they may feel they need assistance with are just a few of the ways our services can help. Working with our clients and their families, we will build a person-centred care plan enabling our team to provide care in the most respectful and dignified way. We will provide as many or as few visits as you need for as long as you need them.

Although not always possible, we aim to reduce the level of care that people require, enabling them to live more independently through the use of community outreach services and physical aids. We provide regular and familiar carers to ensure a consistent service and allowing for better relationships.

End of life is something a lot of people do not like discussing but it is something we should all plan for. We provide an empathetic and attentive end of life care service ensuring that people can live out the rest of their lives at home.

Our care services are well established and exclusive to the Over-Wyre villages of Hambleton, Stalmine, Knott End-on-Sea and Preesall with our fantastic reputation known throughout the community, we are here to help you. It's your home, your care, your choice.

#### It's all about you...

Each month a member of our care liaison team will arrange to visit you to update your care plan. These visits will only be short but they are paramount in ensuring you receive up to date, personalised care. The It doesn't matter to us how your care is being funded, same care liaison member will attend each of your what matters is that you get to live your life fully. review visits allowing you to build a relationship of Everything that is important to you is as equally trust and confidence.

Things change, we get that. We are committed to We aim to get to know you a little bit more with each keeping up with those changes to make sure the service of your reviews. Although we aren't medical you receive meets all your current needs. professionals we will, with your consent, monitor your health signs each month for your peace of mind, and also to make things easier for your nurses and your Doctor.

important to us.

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Day Care & Respite Care

Being the main carer for a loved one, though rewarding, can be mentally and physically exhausting. We always want to do our best for the ones we care for and in doing so we sometimes forget that from time to time we need our own space to recharge our batteries. Being a main carer requires a selfless nature as well as being available day and night. At Kepplegate we believe in looking after everybody, which includes you, the carer.

Our Day care and respite services offer you the chance to have some quality 'you' time whilst being reassured that your loved one is receiving the care that they need. We won't be able to replace the importance of the care you give but we can ensure that the care we provide will be personally tailored to meet their needs, making their temporary stay with us as welcoming and accommodating as we can.

Our day care is also invaluable to those who live at home but struggle to maintain social connections meaning they become isolated and lonely. With frequent day care guests and our lovely residents, there is always a hive of activity and conversation to join in with. We even have a visiting hair dresser each week!

The team is always there, willing to help with all aspects of personal care as well as medication needs. We have an adapted wet room so if being able to enjoy a shower at home is a challenge for you we can help you have one on your day care visit. It may be that you just don't have a suitable shower at home and you may not need assistance, you are still more than welcome to use our facilities on your visit.

We have a wheelchair accessible vehicle meaning we can offer transport in some instances however our vehicle, day care and respite availability varies so it is always best to call or pop in for a chat to enquire about using any of these services.

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We are so proud of the food we serve in our care home we are excited to be able to offer it to the community. Cooking your favourite meals can become increasingly difficult as you get older and microwave meals just don't bring the same enjoyment as a proper home cooked dinner. Our community meals are all cooked fresh with almost 50% of our meat coming from local butchers.

Available 7 days a week, 365 days a year, our meals are unbeatably priced and delivered hot, right to your table. Our three course meals provide nutrition and satisfaction to the Over-Wyre villages of Hambleton, Stalmine, Knott End-on-Sea and Preesall and are cooked fresh each day in our consistently rated level 5 Kitchen.

The meal consists of three courses;

Soup of the Day Main course Desert

For an extra charge, we also provide a freshly prepared salad or sandwich alongside the three-course meal as an option for tea. All meals are delivered over the lunch period in a thermostatically controlled environment ensuring you get the best quality food at the right temperature.

Our free delivery service doesn't stop at the knock of your door. With permission we will come in and plate your dinner up for you, making sure you are OK and liaising with your family or carers if there are any concerns. Our meal service truly looks after the people who use it.

> Meals start from £4.75 Large meals start from £5 Add a cold tea for just £1

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Residential Care, Domiciliary Care, Community Meals, Daycare & Respite

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The Kepplegate Way: Approachable | Passionate | Adaptive & Progressive Community Driven | Trustworthy